

DOMINIC S. CARREIRA, M.D.

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OBJECTIVE:

To practice as an orthopedic surgeon with special interests in foot and ankle and hip arthroscopy and to participate in academic research

POSITION:

Assistant Clinical Instructor. Broward General Orthopedic Residency Program. July 2007 – present

EDUCATION:

Board Certified: American Board Of Orthopedic Surgery	2009
Mark Myerson Foot and Ankle Fellowship	January – June 2007
Pierce Scranton Foot and Ankle Arthroscopic Fellowship	August – December 2006
Steadman-Hawkins Vail, CO Sports Medicine and Hip Arthroscopy Fellowship	July 2005 – July 2006
Orthopedic Resident: Rush University	July 2001 – June 2005
General Surgery Resident: Rush University	July 2000 – June 2001
M.D. UNIVERSITY OF ILLINOIS AT CHICAGO Chicago, Illinois	2000
B.A. UNIVERSITY OF NOTRE DAME Arts and Letters Pre-Professional Psychology South Bend, Indiana	1995

CONSULTANT/ SURGICAL INSTRUCTOR

Hip Arthroscopy:	Smith and Nephew Endoscopy	2009- present
Foot and Ankle:	Arthrex Inc.	2009- present

INSTRUCTOR:

Arthrex Foot and Ankle Arthroscopy Course	October 2010 July 2010 June 2009
Smith and Nephew Hip Arthroscopy Courses	2009- 2011
Vail Hip Arthroscopy International Symposium	March 2011
Arthroscopy Association of North America Hip Arthroscopy Course	2009 and 2010
Arthroscopy Association of North America Foot and Ankle Arthroscopy and Endoscopy Course	July 2010 July 2009 July 2007

HONORS & AWARDS:

Top Doctors in America	2009-2010
Sports Fellowship Selection Committee, Steadman-Hawkins	January 2006
Orthopedic In-Training Examination: 90 th Percentile	2004
Pillsbury Scholarship Recipient	July 2001 – June 2005
Orthopedic Residency Selection Committee, Rush University	January 2005

Medical School

- Alpha Omega Alpha Medical Honor Society Member.
- Clinical honors (top 15%): Orthopedic Surgery, General Surgery, Internal Medicine, Family Medicine, Pediatrics, Psychiatry, Obstetrics/Gynecology, Dermatology, Otolaryngology.
- 3rd place: UIC Student Research Forum. January 1999.
- Research Grant, Shoulder Fund. Rush Pres. St. Luke's Medical Center. May 1997.

Colegio Gaztelueta Scholarship. Vizcaya, Spain.
English Teacher for the 1995-1996 academic year

Undergraduate (University of Notre Dame)

- Appointed Resident Assistant, 1994-1995.

- Elected Co-President of Alumni Hall, 1993-1994.
- PWMEGS Research Scholarship, June and July 1994.
- University of Notre Dame Office of the President Service Scholarship, Hospital Escandon (Mexico City), 1993.
- Notre Dame Scholar (top 20% of students for academic and social service excellence), 1991.

High School (Northridge Preparatory, Des Plaines, Illinois. 1987-1991)

- Valedictorian.
- Dave Burns Scholar-Athlete Award (awarded annually to one graduating Senior).
- Most Valuable Player and 1st Team All-Conference Varsity Basketball, 1991.
- First Team All-Conference Varsity Soccer, 1990.
- Younger Scholar. National Endowment of the Humanities. "Columbus vs. His Flat-Earth Critics: A Myth for American Schoolchildren." 1989.

RESEARCH:

Publications

Romeo AA, Cohen BS, Carreira DS: Traumatic Anterior Shoulder Instability, In Repair of Athletic Shoulder Injuries. *The Orthopedic Clinics of North America*, Volume 32 Number 3 July 2001.

Carreira DS, Mazzocca AD, Oryhon J, Brown FM, Hayden JK, Romeo AA: A Prospective Outcome Evaluation of Arthroscopic Bankart Repairs: Minimum 2-Year Follow-up. *Am J Sports Med* 34 (5): 771-777, 2005.

Carreira DS, Bush-Joseph C: Hip Arthroscopy. *Orthopedics*. Volume 29 (6): 517-525, June 2006.

Carreira DS, Fox JA, Freedman K, Bach BR Jr: Displaced Nonunion Patellar Fracture Following Use of a Patellar Tendon Autograft for ACL Reconstruction. *Journal of Knee Surgery* 18(2) April 2005.

Mazzocca AD, Brown FM, Carreira DS, Hayden JK, Romeo AA: Arthroscopic Stabilization of Collision Athletes. *Am J Sports Med*. 33(1): 52-60, 2005.

Verma NN, Dennis MG, Carreira DS, Bojchuk J, Hayden JK, Bach BR Jr.: Preliminary clinical results of two techniques for addressing graft tunnel mismatch in endoscopic anterior cruciate ligament reconstruction. *J Knee Surg*, 18(3): 183-91, July 2005.

Bach BR Jr, Aadalen KJ, Dennis MG, Carreira DS, Bojchuk J, Hayden JK, Bush-Joseph CA: Primary anterior cruciate ligament reconstruction using fresh-frozen, nonirradiated patellar tendon allograft: minimum 2-year follow-up. *Am J Sports Med*. 2005 Feb; 33(2): 284-92.

Lin JL, Carreira D, Ponnapan R, Volz B, Cole BJ: Use of bipolar radiofrequency energy in delayed repair of acute supraspinatus tears in rats. *J Shoulder Elbow Surg*, 16(5): 640-8, 2007.

Carreira DS, Scranton P Jr: Retrograde OATS of the ankle: open and arthroscopic approaches. *Foot Ankle Int*, 28:1200 - 1203, 2007.

Carreira DS, Scranton P Jr. Chapter 44: "Arthroscopic Subtalar Arthrodesis." Minimally Invasive Techniques in Orthopedic Surgery. Editors Scuderi GR and Tria AJ. New York: Springer, pp 381-385, 2010.

Carreira DS, Myerson MS. What is the best treatment for injuries to the Tarsometatarsal joint complex? In *Evidence-Based Orthopedics: The Best Answers to Clinical Questions*. 506-10, 2008.

Scranton PE, Coetzee JC, Carreira D: Arthrodesis of the first metatarsocuneiform joint: a comparative study of fixation methods. *Foot Ankle Int*, 30(4): 341-5, 2009.

Carreira, DS: Arthroscopy of the Hallux. *Foot Ankle Clin*, 14(1): 105-14, 2009.

Presentations

Proximal Fifth Metatarsal Fractures in the Elite College Football Player: Effects on Career and Radiographic Parameters.

NFL Team Physicians Society Annual Scientific Meeting. Indianapolis, IN. February 25, 2011.

Common Ankle and Midfoot Injuries.

Grand Rounds Broward Health Medical Center. January 19, 2009.

Emergency Room Grand Rounds Imperial Point Medical Center. March 3, 2010

Lapidus plate vs. 2 screw fixation: A Biomechanical study: Scranton PE, Coetzee CC, Carreira DS.

Summer meeting of the American Orthopedic Society of Foot Ankle Surgery. June 25-27, Denver 2008.

Ankle Osteocondral Defects. Florida Orthopedic Society Annual Meeting. Fort Lauderdale, FL. May 21, 2010

Achilles injuries: What's new in treatment? Florida Orthopedic Society Annual Meeting. Key Largo, FL. May 17, 2008.

A Prospective Outcome Evaluation of Arthroscopic Bankart Repairs: Minimum two year follow-up:

Carreira DS, Mazzocca AD, Oryhon J, Brown FM, Hayden JK, Romeo AA.

- AOSSM 29th Annual Meeting. San Diego, California. July 21, 2003. *Herodicus Award Nominee*.
- 10th Annual Residents & Fellows Arthroscopy Conference. Useppa Island, Florida. May 17, 2003.
- European Society for Surgery of the Shoulder and Elbow 16th Annual Meeting. Budapest, Hungary. September 2002.
- AOSSM 28th Annual Meeting. Orlando, Florida. July 2002.

Preliminary Clinical Results of Two Techniques for Addressing Graft Tunnel Mismatch in Endoscopic ACL: Verma N, Dennis M, Carreira DS, Hallab N, and Bach BR Jr. 15th Annual Thesis Day. Department of Orthopedic Surgery. Rush Medical Center. June 27, 2003.

Primary Anterior Cruciate Ligament Reconstruction Using Fresh Frozen, Non-irradiated Patella Tendon Allograft. Minimum Two Year Follow-up: Bach BR Jr, Aadalén KJ, Dennis M, Carreira DS, Bojchuk J, Hayden JK, Bush-Joseph CA, Riff A.

- 10th Annual Residents & Fellows Arthroscopy Conference. Useppa Island, Florida. May 17, 2003.
- Institutional Research Week, Rush University Medical Center, Chicago, Illinois. April 5-8, 2006.

Una Evaluación Prospectiva de Resultados de Reparaciones Artroscópicas de Bankart: Mínimo de Dos Años de Recordativo: Carreira DS, Mazzocca AD, Oryhon J, Brown FM, Hayden JK, Romeo AA. XXI Congreso de la Asociación Española de Artroscopia. Zaragoza, Spain. May 16, 2003.

Arthroscopic Stabilization of Collision Athletes: Mazzocca AD, Carreira DS, Hayden JK, Romeo AA.

- American Orthopedic Society of Sports Medicine 28th Annual Meeting. Orlando, Florida. July, 2002.
- European Society for Surgery of the Shoulder and Elbow 16th Annual Meeting. Budapest, Hungary. September 2002.

A Prospective Outcome Evaluation of Arthroscopic Bankart Repairs: Romeo AA, Carreira DS.

- International Conference of Shoulder Surgery. Sydney, Australia, October 5-8, 1998.
- University of Illinois at Chicago Student Research Forum. Chicago, IL. January 29, 1999.
- European Society for Surgery of the Shoulder and Elbow. The Hague, Netherlands. September 8-11, 1999.

Radiofrequency Microdebridement to Augment the Repairs of Chronic Rotator Cuff Tears in Rats: Cole BJ, Lin J, Carreira DS, Ponnappan R, Lee S, Hallab N, Williams J. 72nd Annual Meeting of the AAOS. Washington, DC. February 24, 2005.

Demographics of Pediatric and Adolescent ACL and associated injuries: Carreira DS, Briggs K, Sterett WI, Steadman JR. 74th Annual Meeting of the AAOS. San Diego, California. February 14, 2007.

Primary Healing of Complete ACL Tears with “Healing Response”: Minimum Two-Year Outcome: Carreira DS, Rodkey W, Steadman JR. 74th Annual Meeting of the AAOS. San Diego, California. February 14-18, 2007.

Hip Arthroscopy: Outcomes in Athletes (In Spanish): Carreira DS, Philippon M. 9th Annual Congress of the Arthroscopy Association of Argentina. Buenos Aires, Argentina. June 5, 2006.

Hip Arthroscopy: Labral Repairs: Carreira DS, Philippon M. 9th Annual Congress of the Arthroscopy Association of Argentina. Buenos Aires, Argentina. June 5, 2006.

Orthopedic Grand Rounds. Rush Medical Center

- “Triplane Fractures” November 12, 2001
- “Anterior Shoulder Dislocations” March 6, 2002

- “Synovial Chondromatosis” April 15, 2002
- “Recurrent Hip Dislocation After Total Hip Arthroplasty” September 11, 2002
- “Tibial Plateau Fractures” March 19, 2003
- “Frozen Shoulder” May 12, 2004
- “Pediatric ACL Reconstruction” August 11, 2004

Grand Rounds, Vail Valley Medical Center
 “Anterior Shoulder Instability”

August 29, 2005

Hip Arthroscopy Review Course, Steadman Hawkins Clinic
 “Femoroacetabular Impingement and Labral Tears”

September 24, 2005

Steadman Hawkins Clinic Lecture Series

- “Posterior Cruciate Ligament and Posterolateral Corner Injuries” October 17, 2005
- “Rotator Cuff Basic Science, Evaluation, and Nonoperative Treatment” November 14, 2005
- “On Field Management of Sports Injuries” May 8, 2006

“The Neuron Morphology of the Bullfrog Brain”. Undergraduate Advisor: Sunny Boyd, Ph.D.
 Department of Biological Sciences. University of Notre Dame. June and July, 1994.

In Progress

The role of medial cuneiform osteotomy in the management of flatfoot deformity: Carreira DS; Gamba C; Myerson MS.

Prospective Outcome Evaluation of electroshockwave therapy in the management of foot and ankle nonunions, avascular necrosis, plantar fasciitis, and Achilles Tendonopathy: Carreira DS, Jeng C, Myerson MS.

Augmentation of Cartilage Healing with Pulsed Electrostimulation in the Equine Model: Frisbee D, Rodkey WM, Carreira DS, McIlwraith CW.

TEAM COVERAGE:

Team Physician. Stranahan Varsity High School Football. 2007- present.

Assistant Team Physician and Consultant. Florida Marlins. 2007- present.

Assistant Team Physician and Consultant. Miami Dolphins. 2008- present.

Consulting Team Physician. Nova Southeastern University Athletics. 2007- present.

Assistant Team Physician. Chicago Blaze Professional Women’s Basketball. 2003.

Assistant Team Physician. Denver Broncos. 2005.

Assistant Team Physician. Colorado Rockies. 2006.

Team Physician. Battle Mountain High School Football. 2005.

Team Physician. Eagle Valley High School Football. 2005.

Team Physician. US Men's Ski Team. 2005-2006.

Team Physician. US Women's Ski Team. 2005-2006.

Team Physician. Prosser High School Varsity Football. 2002- 2005.

MEMBERSHIP:

American Orthopedic Society of Sports Medicine
American Orthopedic Society of Foot and Ankle Surgery
Arthroscopy Association of North America
American Academy of Orthopedic Surgeons
NFL (National Football League) Team Physicians Society

LANGUAGES:

Near-native fluency in Spanish, raised in a bilingual home.
Received A's in two near-native Spanish courses at the University of Notre Dame.

ACTIVITIES:

Soccer, skiing, basketball, cycling.